

# Swaledale Outdoor Club an overview

The club is based in Richmond, North Yorkshire encouraging and providing facilities for outdoor activities in the Yorkshire Dales and further afield.

The membership is mainly from the North Yorkshire / South Durham / Teesside area, but there are also members throughout the UK and around the world.

Club activities consist of Canoeing, Caving, Climbing, Mountain Biking, Orienteering, Road Cycling and Walking. In all activities standards range from novice to expert; beginners are especially welcome. New outdoor activities will be promoted and supported by the club wherever possible.



# Swaledale Outdoor Club

If you have any further queries please contact the club at:

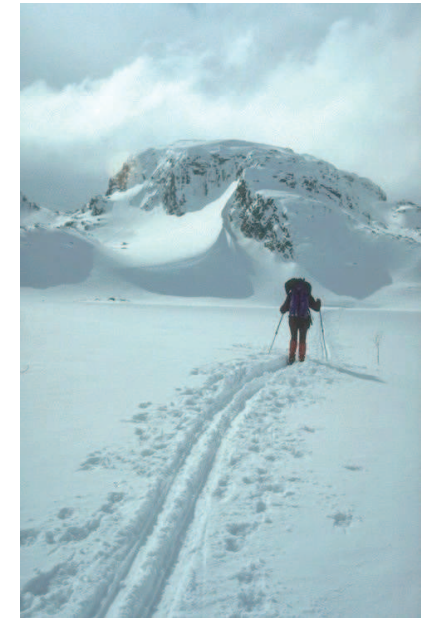
Swaledale Outdoor Club  
17 New Road  
Richmond  
North Yorkshire  
DL10 4QS

Alternatively visit our website and send us an email:

Email: [soc66@hotmail.com](mailto:soc66@hotmail.com)  
Web Site: <http://swaledaleoutdoorclub.org.uk>



# Swaledale Outdoor Club



Canoeing  
Caving  
Climbing  
Mountain Biking  
Orienteering  
Road Cycling  
Skiing  
Walking  
Social

*An Outdoor Activities  
Club for ALL Abilities*

## Canoeing

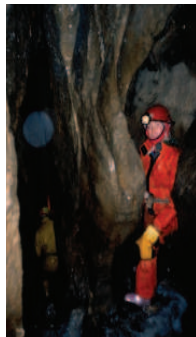
SOC Canoeists (both kayak and open boat paddlers) enjoy touring rivers, white water, sea paddling and surfing.



All standards are catered for, from beginners to 'white water junkies;' from placid lakes to turbulent tide races.

River trips are organised throughout the North of England and at times in Scotland, Wales and abroad. Sea trips range from days on the North Sea Coast and North Wales to multiday trips in the West of Scotland and abroad. SOC is close to NE surf beaches and the Tees Barrage Whitewater Course - a world class facility at Stockton.

## Caving



SOC cavers regularly explore the caves of the Yorkshire Dales; the country's prime area for caving. Visits are also made to the mines of Swaledale. All levels of trips are undertaken from easy /beginners to some of the most challenging caves in the country. We also make weekend visits to other parts of the UK. and occasional

longer trips abroad. Beginners are welcome and are introduced to new aspects of caving as their experience grows. This is backed up by indoor wall sessions where vertical skills, including single rope techniques (SRT) can be learnt.

## Climbing

The climbing section practice all forms of all rock and ice climbing.

SOC welcomes novice and experienced climbers alike.

We climb regularly in the Lake District, North East, Peak District, Wales, Scotland and abroad. SOC has a long standing relationship with Rock Antics climbing wall in Newton Aycliffe where we have our Wednesday evening meets during the winter months.



## Mountain Biking

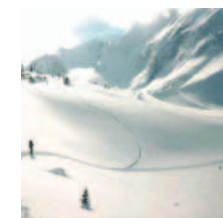
Now a well established club section with a very enthusiastic group of riders, the mountain biking section has weekend rides to suit a variety of experience, fitness and skill levels.

During the summer months we also

have local evening rides and in the winter we've started night rides for an added challenge. In addition to the fantastic local riding in the Yorkshire Dales and North York Moors, we regularly travel to the purpose built trails and more extreme mountain scenery in Scotland, Wales and the Lake District. The section welcomes both new members keen to get out and enjoy the countryside and those wanting to develop their mountain biking skills and techniques.

## Road Cycling

The Yorkshire Dales and Moors are amongst the most spectacular and challenging cycling countryside around. Rides vary from beginners jaunts to seriously arduous trips for the committed cyclist! During the long evenings of the summer months shorter scenic rides offer a perfect end to anyone's day.



## Skiing

Club members participate both downhill and cross country skiing at home, when conditions allow, and abroad.

SOC is associated with the Harwood Ski Federation who operate a downhill slope in Teesdale.

## Walking

From the wild North Yorkshire Moors and rugged coastal cliffs to the stunning Yorkshire Dales, the desolate North Pennines and the majestic Lake District fells, SOC walkers don their boots and tramp the tracks and trails over hill and through dale. The programme caters for all levels from easy family ambles to long demanding treks.



## Orienteering

Orienteering is a relatively new section where anyone interested in discovering the sport's joys can attend our small, friendly SOC Come & Try Orienteering local events, or join in with the major club events on Sunday's around the North East area, through SOC affiliation membership. We hold score or cross country events at permanent courses most months. It is appropriate for any ages so families are welcome.

## Social

The programme of outdoor activities is complimented by a range of social events. In summer we hold the club camp and barbeques. In winter there is an annual dinner dance, folk nights and slide shows. The social events bring together members who take part in different activities.