

Swaledale Marathon 2009 - Results

Pos	Ent No	Time	Name	Class	Club	Pos	Ent No	Time	Name	Class	Club	Pos	Ent No	Time	Name	Class	Club	Pos	Ent No	Time	Name	Class	Club
1	254	03:15	Lewis Banton	M	Clowne	61	372	04:26	Charlie Bogg	M	Quakers	121	52	04:52	Andrea Foster	F40		181	178	05:18	Peter Parsons	M	Totley
2	483	03:24	Paul Evans	M	Elvet	62	370	04:26	Annette Clarke	F40	Quakers	122	352	04:52	Andy Gaines	M	SRR	182	179	05:18	Emma Dove	F	Totley
3	299	03:25	Joseph Mccready	M	Darlington	63	502	04:26	George Murphy	M		123	60	04:53	Dan Oldfield	M		183	474	05:19	Joanne Hope	F	Ripon
4	509	03:30	Jim Rogers	M	East Hull	64	59	04:29	Trevor Symonds	M50		124	255	04:53	Reginald Bestwick	M50	Clowne	184	293	05:19	Karen Jones	F40	Ripon
5	394	03:33	Arran Leighton	M	Tri@TCRC	65	494	04:29	Richard James Lockwood	M		125	79	04:53	Andrea Lewis	F40		185	433	05:19	Phillip Leigh	M	Buxton
6	148	03:34	Matthew Hayes	M	East Hull	66	528	04:29	Richard Clarke	M50		126	13	04:54	Johnny Proud	M		185	25	05:20	Richard Swards	M	
7	17	03:38	Steve Brown	M50	SRR	67	203	04:29	Justin Hill	M	Skipton	127	171	04:54	Jane Spence	F40		187	283	05:20	Fiona Jane Prestwich	F40	Rising Sun
8	363	03:41	Simon Deakin	M	NYM A C	68	319	04:30	John Burnside	M50	N Aycliffe	128	223	04:54	Rebecca Parker	F40		188	259	05:20	Philipp Harrop	M	Worksop
9	389	03:42	Joe Hartley	M		69	252	04:31	Lorraine Craib	F	Clowne	129	128	04:54	David Bleazard	M		189	155	05:21	Linda Connelly	F40	N Aycliffe
10	388	03:43	Chris Hodgson	M	East Hull	70	5	04:32	Victoria Howard	F	SOC	130	172	04:55	Simon Moorhouse	M		190	407	05:21	Paul Richardson	M	York Acorn
11	210	03:43	Nigel Ramsden	M	Easingwold	71	209	04:32	Catherine Eve	F		131	551	04:55	Claire Stewart	F40	SRR	191	129	05:22	Richie Brown	M	
12	427	03:45	Mike Vinegrad	M		72	256	04:32	Paul Sadler	M	Clowne	132	182	04:55	Suzy Grindley	F	Keswick	192	16	05:22	Julie McHale	F	SRR
13	260	03:45	Andy Innes	M	Clowne	73	350	04:32	Mary Craig	F40	Wolds Vets	133	479	04:55	Andrea Stewart	F		193	43	05:22	Kenton Smith	M	SRR
14	68	03:48	Stuart Smith	M	SRR	74	311	04:32	Jayne White	F40	Cleethorpes	134	510	04:55	Helen Mcloughlin	F	Cleethorpes	194	192	05:24	Jean Bradley	F40	Elvet
15	81	03:50	Richard Ebbage	M	Rising Sun	75	109	04:34	Richard Woods	M	Bedale	135	432	04:55	Michael Mahon	M50		195	508	05:24	Julie Bushell	F40	
16	481	03:50	Karl Edwards	M50	Hartlepool B I	76	139	04:34	Roy Nicholson	M		136	416	04:56	Geoff Binns	M	York Acorn	196	431	05:24	Bernard Ashurst	M50	
17	236	03:52	Graham Wilkinson	M50	East Hull	77	426	04:34	David Edwards	M50	Hartlepool B I	137	421	04:56	Danielle Davis	F	Quakers	197	108	05:26	Mike Doughty	M	
18	506	03:54	Mark Whiteman	M	Easingwold	78	410	04:35	Shaun Roberts	M50	Elvet	138	403	04:56	Stewart Gardner	M50		198	437	05:26	Glynis Johnson	M50	
19	4	03:54	Anthony Ward	M50	SRR	79	120	04:35	Sarah Gillespie	F40		139	141	04:56	Paul Foster	M50		199	464	05:26	Laura Fleming	F	
20	523	03:56	Joe Hunter	M		80	91	04:35	John Lynch	M50		140	272	04:57	Mike Atkins	M50	Beverley	200	140	05:26	Gordon Stainsby	M	
21	237	03:56	Adrian Dixon	M50	Nidderdale	81	90	04:36	Jonathan Bathgate	F40	SRR	141	137	04:58	Kevin Greenall	M50		201	468	05:26	Nina Mason	F	Elvet
22	103	03:58	Mike Appleton	M	Ripon	82	553	04:37	Peter Fahey	M50	Elvet	142	463	04:59	Hywel Lewis	M50		202	386	05:26	Wendy Rowell	F40	Elvet
23	498	04:00	Phil Paxman	M50	York Acorn	83	530	04:37	Gordon Carver	M	Aycliffe	143	242	05:00	Phil Owen	M	Elvet	203	409	05:28	Sarah Woodhall	F	York Acorn
24	104	04:00	Ray Raper	M50	Ripon	84	156	04:37	Keith Morgan	M		144	62	05:00	Karen Saward	F	SRR	204	495	05:28	Debra Howell	F40	York Acorn
25	548	04:00	Pippa Weir	F40		85	264	04:38	Richard Stoker	M	Clowne	145	470	05:01	Jan Young	F40	Elvet	205	6	05:28	Mary Carnegie-Bown	F40	SRR
26	28	04:02	Gary Bastow	M50	Rising Sun	86	195	04:38	Gareth Leach	M		146	268	05:01	Jeffrey Cutting	M50		206	230	05:30	Brian Richardson	M50	Beverley
27	131	04:02	Martin Randall	M	N Aycliffe	87	184	04:39	James Sargeant	M		147	414	05:02	Andrew Thompson	M		207	38	05:30	Richard Stott	M	
28	371	04:02	Robin Towns	M	Quakers	88	349	04:39	Sarah Graves	F40	Wolds Vets	148	497	05:02	Chris Gill	M50		208	39	05:30	James Stott	M	
29	26	04:02	Nikola Morgan	F40	Chepstow	89	473	04:40	Mike Blamires	M	Beverley	149	146	05:03	Deborah Simmonds	F40		209	267	05:30	Gary Minns	M	
30	221	04:02	Paul Bowerbank	M50	Totley	90	33	04:40	Lucy Tulloch	F	SRR	150	136	05:05	Martyn Knox	M	N Aycliffe	210	484	05:33	Amanda Hunter	F40	Elvet
31	208	04:05	Richard Eve	M		91	61	04:41	Peter Richardson	M	SRR	151	472	05:05	Stuart Clarkson	M	SRR	211	187	05:35	James Towe	M	
32	436	04:05	John Price	M50		92	63	04:41	Stephen Minns	M	Shildon	152	143	05:05	Peter Goodwin	M50		212	340	05:35	Christopher Jamieson	M50	Fell Ponies
33	527	04:05	Ian Macpherson	M50		93	99	04:41	Shaun Bruce	M		153	34	05:05	Andrew John Saxby	M	SOC	213	504	05:35	Peter Johnson	M50	Hartlepool B I
34	300	04:06	Brian Mccready	M	Crook	94	367	04:41	David Thompson	M50	Quakers	154	543	05:06	Amanda Lasseter	F40	Cambridge	214	402	05:35	Charlotte Roberts	F40	Calder
35	147	04:07	Owen Turnbull	M		95	415	04:42	Ben Thompson	M		155	308	05:06	John Hudson	M50	Wolds Vets	215	94	05:35	Anthony Corbett	M	Quakers
36	507	04:07	Natasha Hayes	F	Easingwold	96	419	04:43	Jeremy Makin	M	Durham F R	156	199	05:06	Andrew Gristwood	M		216	423	05:36	Jean Gillespie	F40	Elvet
37	332	04:09	Sharon Gayter	F40	NYM A C	97	138	04:43	Matthew Heron	M	N Aycliffe	157	493	05:08	Debra Awty	F40		217	271	05:36	Pam Atkins	F40	Beverley
38	284	04:10	Pete Wright	M50	Rising Sun	98	477	04:44	Jayne Dale	F40	Beverley	158	115	05:08	Paul Wilkinson	M	Rising Sun	218	173	05:37	David Whitehead	M50	Clowne
39	121	04:10	Max Inwood	M		99	476	04:44	Andrew Tate	M	Beverley	159	542	05:08	Tim Long	M	Cambridge	219	292	05:38	Helen Metcalfe	F40	Ripon
40	377	04:10	Janet Raper	F40		100	164	04:44	Mike Brookes	M		160	118	05:08	Philip Bastow	M50		220	127	05:39	Gillian Taylor	F	
41	296	04:10	Andrew Ellerton	M		101	183	04:45	Ken Dart	M50	Easingwold	161	168	05:09	Amy Rose Cassar	F	SRR	221	10	05:39	Catherine Sunter	F	
42	145	04:13	Phil Simmonds	M		102	285	04:45	Alexander Whiteside	M50	Rising Sun	162	102	05:09	James Cooper	M	SOC	222	144	05:39	Bruce Stainsby	M50	
43	101	04:13	Derek Parrington	M	SRR	103	262	04:46	Tony Redfern	M	Clowne	163	408	05:09	Ray Todd	M50	N Aycliffe	223	12	05:41	Chris Kirby	M	SRR
44	522	04:13	Matt Letham	M	York Acorn	104	486	04:46	Helen Storr	F40	Beverley	164	512	05:10	Garry Burdin	M50		224	511	05:42	Lesley Parry	F40	Cleethorpes
45	397	04:14	Matt Watson	M		105	390	04:46	James Mcgann	M	Easingwold	165	478	05:11	Richard Elliott	M50	H' Pierrepont	225	201	05:42	David Bradshaw	M50	
46	238	04:15	Lisa Quinn	F40	Ripon	106	152	04:47	Stewart Vernon	M50	N Aycliffe	166	412	05:12	Robin Gibson	M	Durham F R	226	247	05:42	Jayne Denby	F40	Buxton
47	14	04:15	Tracy Hunter	F	SRR	107	196	04:48	Dom Maddison	M		167	76	05:12	Tracie Lee Taylor-Page	F40	SRR	227	307	05:43	Sandra Cremen	F40	Wolds Vets
48	301	04:16	Adam Poole	M	Cambridge	108	490	04:48	Fiona Claire Jeffries	F40	Hallamshire	168	57	05:12	Richard Tait	M50		228	250	05:45	John Tattersall	M50	York Acorn
49	211	04:17	Mark Woodbridge	M		109	422	04:48	Simon Kale	M		169	287	05:13	Lisa Stafford	F		229	105	05:45	Gary Young	M	
50	261	04:18	Roger Fokinther	M50	Clowne	110	485	04:49	Moir Armstrong	F40	Beverley	170	554	05:13	Shaun Round	M		230	110	05:46	Harry Ellis	M50	SRR
51	385	04:21	Gary Armitage	M		111	170	04:49	Stuart Hardcastle	M50		171	411	05:14	Adam Round	M		231	197	05:48	Rebecca Perring	F40	
52	74	04:22	Jacqueline Sarah Keavney	F40	SRR	112	54	04:50	David Thompson	M50		172	480	05:14	Andrew Dobson	M		232	100	02:48	Neil Stanton	M	
53	82	04:22	Gary Davison	M	SRR	113	11	04:50	Richard Kirby	M		173	532	05:14	James Carver	M	Aycliffe	233	50	05:49	Keith John Bell	M50	
54	534	04:24	Graham Stevens	M50	Hartlepool B I	114	67	04:50	Sandra Gauld	F40		174	347	05:15	Dave Hodgson	M	G S G	234	274	05:49	Shirley Oglesby	F40	East Hull
55	295	04:24	Joe Faulkner	M	N F R	115	269	04:51	Matthew Wharton	M		175	126	05:16	Paul Knight	M50		235	396	05:49	Hannah Watson	F	
56	37	04:26	Leigh Gravenor	M	SOC	116	188	04:51	Richard Thorpe	M		176	313	05:17	Simon Austwick	M	Grimsby	236	398	05:49	Charley Miles	F	
57	36	04:26	Blake Gravenor	M	SOC	117	229	04:52	John Brierley	M		177	194	05:17	Neil Woods	M		237	336	05:49	Ray Crabbe	M	
58	434	04:26	Paul Tjaguns	M		118	49	04:52	Gaynor Woodford	F40	SOC	178	378	05:17	Tom Trosborg	M50		238	309	05:49	Kim Wardle	M50	Wolds Vets
59	47	04:26	Stephen Clough	M50		119	169	04:52	Ronnie Cassar	M50	SRR	179	383	05:17	Anne Bennett	F40		239	228	05:51	Helen Dolding	F40	Easingwold
60	106	04:26	Simon Brown	M	Yaxley	120	449	04:52	Graham Daglish	M50	Elvet	180	222	05:18	Kate Parr	F	Totley	240	288	05:52	Michael Mccann	M50	

Pos	Ent No	Time	Name	Class	Club	Pos	Ent No	Time	Name	Class	Club	Pos	Ent No	Time	Name	Class	Club	Pos	Ent No	Time	Name	Class	Club
241	233	05:55	Margaret Metcalfe	F40	York Knaves.	303	235	06:29	Paul Clifton	M	Leeds YHA	365	48	07:21	Trevor Thurlow	M50		427	162	08:04	Rob Dillon	M	
242	218	05:55	Patricia Boden	F40	York Knaves.	304	9	06:30	Paul Brooks	M	SOC	366	400	07:21	Malcolm Metcalfe	M50		428	355	08:13	Amanda French	F40	Grimsby
243	181	05:55	Graham Jordan	M50		305	198	06:31	Hugh Mccarry	M50	Cleethorpes	367	381	07:23	Martin Weighell	M		429	417	08:13	David Wall	M	
244	513	05:55	Elizabeth Jordan	F40		306	151	06:32	Afsaneh Hassanzadeh	F40		368	119	07:24	Gerald Bradley	M		430	462	08:13	Nick Williams	M	
245	535	05:56	Richard Krawiec	M50		307	150	06:32	Robin Brown	M50		369	122	07:24	David Jardin	M		431	418	08:13	Ian Wilkinson	M	
246	95	05:57	Geoff Parker	M		308	149	06:32	Kevin Brown	M		370	282	07:24	John Mccollin	M	L D W A	432	356	08:13	Rebecca Raworth	F40	Grimsby
247	549	05:57	Amanda Robinson	F		309	85	06:33	Brian Paddington	M	SOC	371	364	07:24	Robert Swain	M50		433	111	08:13	Eleanor Sykes	M	
248	342	05:57	Julie Scott	F40		310	289	06:33	Barrie Kirtley	M		372	405	07:24	Alan Fullerton	M50		434	72	08:13	David Sharp	M50	
249	465	05:57	Abbie Hull	F		311	134	06:33	Ray Stevenson	M50	NYM A C	373	404	07:24	Jackie Thirsk	F40		435	316	08:14	Joan Coles	F40	
250	435	05:57	Meinou Simmons	F	Cambridge	312	18	06:34	Helen Smith	F40	Rising Sun	374	344	07:25	Dave Boucher	M		436	290	08:14	Jean Davison	F40	
251	213	05:57	Katie Toynton	F	Cambridge	313	21	06:34	Karen Palmer	F40	Rising Sun	375	345	07:25	Barry Boulter	M		437	456	08:15	Joyce Best	F40	Ladies@Wha
252	520	05:58	Bill Harker	M50		314	251	06:34	Ian Hulse	M50	Buxton	376	445	07:26	Paul Jameson	M50	Claremont	438	454	08:15	Brenda White	F40	Ladies@Wha
253	297	05:59	Sandra Charlton	F40	Wolds Vets	315	393	06:34	Tanja Cooper	F	Claremont	377	87	07:27	Lucy Lundberg	F		439	455	08:15	Barbara Berks	F40	Ladies@Wha
254	298	05:59	John Appleyard	M50		316	42	06:34	Emma Vallance	F		378	86	07:27	Jill Lundberg	F40		440	453	08:15	Amanda Fuller	F40	Ladies@Wha
255	135	06:00	Astrid Saxby	F40	SOC	317	27	06:34	Claire Taylor	F40	SOC	379	500	07:28	Christopher Hearson	M		441	359	08:21	Matthew Coates	M	Grimsby
256	88	06:00	Paul Lundberg	M		318	392	06:34	Nick Cooper	M	Claremont	380	499	07:28	Victoria Hearson	F		442	320	08:22	Pat Park	F40	
257	341	06:00	Denise Watson	F40		319	278	06:35	Rebecca Jellis	F40		381	399	07:28	Katie Robertson	F		443	358	08:22	Joe Saville	M50	Grimsby
258	22	06:00	John Bull	M50	Rising Sun	320	245	06:37	David Croucher	M50	Grimsby	382	395	07:28	Emma Wilkinson	F		444	514	08:30	Jenni Gallagher	F40	
259	7	06:03	Margaret Land	F40		321	66	06:45	Alastair Langrish	M		383	206	07:28	George Kirvell	M		445	376	08:32	Dawn Mears	F40	
260	243	06:03	Patricia Sheldon	F		322	77	06:47	Elizabeth Duggan	F40	SOC	384	275	07:28	Martyn Pearson	M50	L D W A	446	373	08:32	Rita Ellen Linford	F40	Grimsby
261	227	06:03	Gina Bailey	F	Easingwold	323	225	06:50	Martin Harries	M	Grimsby	385	357	07:29	James Cooper	M50	Grimsby	447	338	08:33	David Light	M50	Grimsby
262	505	06:05	Gerry Orchard	M50	York Acorn	324	234	06:50	Dawn Leggott	F40		386	430	07:29	Christopher Ellis	M50		448	185	08:33	Susan Meikle	F40	
263	220	06:06	Rob Allison	M		325	241	06:50	Clare Van Den Bos	F		387	348	07:29	Michael Morrice	M		449	374	08:34	Peter Linford	M50	Grimsby
264	193	06:06	David Forshaw	M	Buxton	326	488	06:50	Dave Robson	M50	Elvet	388	64	07:29	Jill Armstrong	F40	SOC	450	501	08:36	Carole Mcginn	F40	
265	525	06:09	Carolyn Riley	F40		327	29	06:51	Linda Turnbull	F40	SRR	389	215	07:30	Neil Tailby	M		451	387	08:36	Janet Wyngard	F40	Elvet
266	526	06:09	Paul Scott	M		328	107	06:51	Grant Carnegie-Brown	M		390	214	07:30	Shelley Arora	F		452	471	08:36	John Kirton	M50	
267	322	06:10	Christine Farnsworth	F40	Elvet	329	92	06:52	Caroline Pugh	F40		391	266	07:30	Louise Kelly	F		453	2	08:38	Sandra Sanderson	F40	Rising Sun
268	176	06:11	Brian Banton	M50	Clowne	330	204	06:52	Leni Dytrych-Cowell	F		392	265	07:30	Christine Stimpson	F40	Tickhill	454	1	08:38	Richard Rutherford	M	
269	440	06:11	Neil Costello	M50	Cambridge	331	163	06:52	Sean Godfrey	M		393	258	07:30	Paul Summerly	M50	Clowne	455	329	08:45	Paul Hancock	M50	
270	442	06:11	Anna Costello	F	Cambridge	332	93	06:52	Chris Pugh	M		394	253	07:30	John Proffitt	M50	Clowne	456	328	08:45	Sue Humphrey	F40	
271	165	06:11	Glyn Smith	M50	Cambridge	333	546	06:52	Elizabeth Ann Ibbetson	F40		395	457	07:31	Paul Clarke	M		457	438	08:47	Lilian Barnes	F40	
272	428	06:13	John Howden	M50	Beverley	334	452	06:52	Philip Layton	M		396	304	07:31	Paul Wilkinson	M50		458	552	08:47	Mary Holmes	F40	Cambridge
273	167	06:14	Frank Broughton	M50	SOC	335	202	06:56	Graham Munro	M50		397	305	07:33	Mark Wilkinson	M		459	441	08:47	Ginny Costello	F40	Cambridge
274	174	06:14	Henrietta Whitehead	F40	Clowne	336	80	06:56	Fred Clapham	M	Rising Sun	398	306	07:33	Neil Law	M		460	132	08:50	Caroline Stevenson	F40	
275	446	06:14	Richard Payne	M50	Quakers	337	346	06:56	Mike Pennock	M50	Rising Sun	399	380	07:35	Sally Dunn	F		461	337	08:51	Pauline Shingler	F40	
276	312	06:18	Barry Freer	M50		338	439	06:56	John Barnes	M50		400	541	07:35	Kip Herrington	M50		462	279	08:51	Janet Butterworth	F40	Clowne
277	200	06:18	Tonia Saunt	F	Cleethorpes	339	369	06:56	Steve Hutchinson	M50		401	310	07:35	Keith Hoyle	M50		463	353	08:53	Julie Glenton	F40	Grimsby
278	175	06:18	Hilary Burkitt	F40	Cleethorpes	340	458	06:56	Ian Shottliff	M50		402	24	07:35	Ray Swards	M50	SOC	464	244	08:53	Thomas Gawthrop	M50	Grimsby
279	219	06:18	Malcolm Simons	M50	Cleethorpes	341	544	06:56	David Neesam	M	SOC	403	8	07:36	Alison Brooks	F40	SOC	465	362	08:57	Jeff Stephens	M50	
280	496	06:19	Clair Awty	F		342	23	06:57	Lisa Wayman	F	SOC	404	35	07:39	David Crapper	M50	SRR	466	317	09:05	Martin Gray	M	
281	539	06:19	Sarah Haslam	F		343	44	06:57	David Travis	M50		405	71	07:39	Linda Heywood	F40		467	318	09:05	Lisa Gray	F40	
282	538	06:19	Anna Ashfield	F40	Ripon	344	451	06:57	Robert Layton	M50		406	70	07:39	Robert Heywood	M50		468	166	09:15	Michael Gorin	M50	
283	339	06:19	John Pemblington	M50	High Peak	345	518	06:58	Joss Daune	M50		407	78	07:40	Julia Spittle	F40	SRR	469	224	09:16	Ernest Silk	M50	
284	20	06:20	Chris Sayer	F40	SRR	346	232	06:58	Peter Mchally	M50	Beverley	408	75	07:41	Sharon Hughes	F40	SRR						
285	19	06:20	Andrew Broadley	M	Rising Sun	347	533	06:58	Anthony Carroll	M50		409	73	07:41	John Elliott	M50	SRR						
286	413	06:20	Margaret Thompson	F40	Elvet	348	515	07:03	Richard Harmer	M50	SOC	410	112	07:43	Claire Farley	F							
287	65	06:21	Steve Clough	M	SOC	349	516	07:03	Chloe Harmer	F		411	41	07:47	Allyson Cole	F40	Rising Sun						
288	51	06:21	Helen Law	F40	SRR	350	315	07:04	Len Bayliss	M50		412	123	07:48	Barbara Auld	F40	Darlington						
289	207	06:21	Duncan Butcher	M		351	517	07:05	Charlie Johnson	M50		413	325	07:48	Lynne Dunlop	F40							
290	226	06:21	Terry Jeavons	M50		352	545	07:06	Michael Ibbetson	M50		414	96	07:50	Barry Currell	M							
291	125	06:22	Caroline Auld	F		353	124	07:06	Alan Auld	M50		415	351	07:50	Audrey Streeting	F40							
292	420	06:23	John Scott	M50		354	177	07:06	Eric Lane	M50	Clowne	416	98	07:50	Dawn Williams	F40							
293	153	06:23	Gail Vernon	F40	N Aycliffe	355	180	07:06	Jean-Luc Chartron	M50		417	97	07:50	Ron Williams	M50							
294	531	06:23	Suzanne Carver	F40	Aycliffe	356	157	07:09	Sue Moore	F40		418	55	07:50	Richard Marsay	M							
295	343	06:24	Gareth Evans	M50	Penguin	357	158	07:09	Nick Edwards	M		419	3	07:50	Leonard Pope	M50	SOC						
296	40	06:25	Rupert Booth	M50		358	15	07:11	Steve Fleming	M	SOC	420	56	07:50	Jane Parsons	F40							
297	326	06:25	Clive Dean	M		359	314	07:13	Philip Teasdale	M50		421	69	07:51	Susan Smith	F40	SRR						
298	154	06:27	Hugh Vernon	M	N Aycliffe	360	58	07:17	Helen Tait	F40		422	246	07:55	Gillian Beacroft	F40	Grimsby						
299	469	06:27	Gary Davies	M	Elvet	361	335	07:17	Ronald Dodds	M50		423	205	07:56	Tony Dytrych-Cowell	M							
300	375	06:27	Neil Cartwright	M	Grimsby	362	382	07:17	Paul Schaeffer	M50	Claremont	424	461	07:56	David Howes	M							
301	401	06:27	Jonathon Harris-Douglas	M	Easingwold	363	239	07:21	Elaine Bateman	F40		425	186	07:56	Steven Bates	M50	Gentian						
302	406	06:29	Steve Walker	M50		364	240	07:21	Mike Bateman	M		426	161	08:04	Laura Kinson	F							